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**From:** jeffrey E. <jeevacation@gmail.com>  
**Sent:** Monday, March 9, 2015 7:50 PM  
**To:** [REDACTED]  
**Subject:** Re: Need some motivational words...

I tend to think of these things like a game, =C2 you didn't win, but you didn't really lose. it is a go=d lesson on many levels. you are so extraordinary =n so many things, it is healthy that every once in a while you=are reminded that you are human. these results will have=no long term effect on your life or your career. try to =njoy the process.

On Mon, Mar 9, 2015 at 3:43 PM, [REDACTED] Feeling rea=ly horrible about my school work these days. I got a 75 on my first biolog= midterm and a 70 on my first social psychology midterm. Studied SO hard f=r both. Both were very tough exams with averages in the 70s but I still am=not feeling good about myself. How do you think I should react to this? Ob=iously I'm devastated but am just confused because I have been wor=ing so hard all semester. (Don't tell Mommy!!!)  
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please note

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