
From: Karyna Shuliak karynashuliak@cloudme.com
Sent: Thursday, February 22, 2018 6:22 AM
To: Jeffrey

"Every object has a different role to play. Not all clothes have come to you to be worn threadbare. It is the same with people. Not every person you meet in life will become a close friend or lover. Some you will find hard to get along with or impossible to like. But these people, too, teach you the precious lesson of who you do like, so that you will appreciate those special people even more.

When you come across something that you cannot part with, think carefully about its true purpose in your life. You'll be surprised at how many of the things you possess have already fulfilled their role. By acknowledging their contribution and letting them go with gratitude, you will be able to truly put the things you own, and your life, in order. In the end, all that will remain are the things that you really treasure.

To truly cherish the things that are important to you, you must first discard those that have outlived their purpose. To get rid of what you no longer need is neither wasteful nor shameful. Can you truthfully say that you treasure something buried so deeply in a closet or drawer that you have forgotten its existence? If things had feelings, they would certainly not be happy. Free them from the prison to which you have relegated them. Help them leave that deserted isle to which you have exiled them. Let them go, with gratitude. Not only you, but your things as well, will feel clear and refreshed when you are done tidying."

Excerpt From

The Life-Changing Magic of Tidying Up

Marie Kondo

<https://itunes.apple.com/us/book/the-life-changing-magic-of-tidying-up/id89237138?mt=11>

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