
From: jeffrey E. <jeevacation@gmail.com>
Sent: Wednesday, June 27, 2018 10:40 PM
To: Joscha Bach
Subject: Re:

inflamed rarely bleeds .

On Wed, Jun 27, 2018 at 6:34 PM, Joscha Bach <[REDACTED]> >> wrote:

<https://www.foodnavigator.com/Article/2017/01/12/High-red-meat-intake-a-risk-factor-for-an-inflamed-gut-Harvard-study> <<https://www.foodnavigator.com/Article/2017/01/12/High-red-meat-intake-a-risk-factor-for-an-inflamed-gut-Harvard-study>>

On Jun 27, 2018, at 6:17 =M, jeffrey E. <jeevacation@gmail.com <mailto:jeevacation@gmail.com>> wrote:

unlikely the cause. =A0 cow meat. meat doesnt cause bleeding. . hemoroids do<=r>

On Wed, =un 27, 2018 at 6:16 PM, Joscha Bach <[REDACTED]> wrote:

The steak diet project will have to be =iminished; I got a serious [REDACTED] I was probably too optimistic abo=t my ability to switch to full-on meat eating after 29 years without a per=od of adaptation.

On Jun 24, 20=8, at 8:19 AM, jeffrey E. <jeevacation@gmail.com <mailto:jeevacation@gmail.com>> wrote:

do you snore , how is the steak diet doing.

--

please note

The infor=ation contained in this communication is confidential, may be attorney-=lient privileged, may constitute inside information, and is intended on=y for the use of the addressee. It is the property of JEE
Unautho=ized use, disclosure or copying of this communication or any part there=f is strictly prohibited

and may be unlawful. If you have received this communication in error, please
notify us immediately by
return e-mail or by e-mail to jeevacation@gmail.com <<mailto:jeevacation@gmail.com>>
, and
destroy this communication and all copies thereof,
including all attachments. copyright -all rights reserved

--

=AO please note

The information contained in this communication is
confidential, may be attorney-client privileged, may
constitute inside information, and is intended only for
the use of the addressee. It is the property of
JEE
Unauthorized use, disclosure or copying of this
communication or any part thereof is strictly prohibited
and may be unlawful. If you have received this
communication in error, please notify us immediately by
return e-mail or by e-mail to jeevacation@gmail.com <<mailto:jeevacation@gmail.com>> , and
destroy this communication and all copies thereof,
including all attachments. copyright -all rights reserved

--

please note<=r>

The information contained in this communication is confidential, may be attorney-client privileged, may constitute
inside information, and is intended only for the use of the addressee. It is the property of JEE
Unauthorized use,
disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this
communication in error, please notify us immediately by return e-mail or by e-mail to
jeevacation@gmail.com <<mailto:jeevacation@gmail.com>> , and destroy this communication and all copies thereof,
including all attachments. copyright -all rights reserved

--0000000000001c309f056fa74a02-- conversation-id 2350 date-last-viewed 0 date-received 1530139177 flags
8590195713 gmail-label-ids 7 6 remote-id 832070