
From: Joscha Bach <[REDACTED]>
Sent: Wednesday, June 27, 2018 10:46 PM
To: Jeffrey Epstein
Subject: Re:

I =m just relating the opinion of my MD (and try not to worry too much) =)

On Jun 27, 2018, at 6:39 PM, jeffrey E. =lt;jeevacation@gmail.com <mailto:jeevacation@gmail.com> > wrote:

inflamed rarely bleeds .

On Wed, Jun 27, 2018 at 6:34 PM, Joscha Bach <[REDACTED]> <mailto:[REDACTED]> > >
=rote:

<https://www.foodnavigator.com/Article/2017/01/12/High-red-meat-intake-a-risk-factor-for-an-inflamed-gut-Harvard-study>

On Jun 27, 2018, at 6:17 PM, jeffrey E. <jeevacation@gmail.com> wrote:

unlikely the cause. =ow meat. meat doesnt cause bleeding. . hemorrhoids do

On Wed, Jun 27, 2018 at 6:16 PM, Joscha Bach <[REDACTED]>
<mailto:[REDACTED]> > > =rote:

The=steak diet project will have to be diminished; I got a serious bowel =nflammation. No pain or other warning signals, but surprisingly profuse =leeding. I was probably too optimistic about my ability to switch to =ull-on meat eating after 29 years without a period of adaptation.

On Jun 24, 2018, at 8:19 AM, jeffrey E. =lt;jeevacation@gmail.com
<mailto:jeevacation@gmail.com> > wrote:

do you snore = how is the steak diet doing.

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