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**From:** jeffrey E. <jeevacation@gmail.com>  
**Sent:** Monday, February 12, 2018 6:36 PM  
**To:** Deepak Chopra  
**Subject:** Re: There is no rock

yes, but all snakes most likely agree.

On Mon, Feb 12= 2018 at 1:32 PM, Deepak Chopra [REDACTED]  
wrote:

Yes sir !  
Moreover it is a species specific projection !  
What is it to a snake , an insect , a bat ?

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On Feb 12, 2018, at 10:02 PM, jeffrey E. <jeevacation@gmail.com <mailto:jeevacation@mail.com> > wrote:

sorry , but the rock is not a rock it is a projection of a local awareness . when there is a critical mass of local awarenesses it seems to be material. nothing more. as the rock is different to each consciousness localized :)

On Mon, Feb 12, 2018 at 12:55 PM, Deepak Chopra <span dir="ltr">

<span> wrote:

Thoughts on the flight from Dubai to LA :

A rock is the most solid example of a material object . However , before an object can be labeled a rock , it is an experience ; it is a sensation , a color , a shape , a form , a gritty taste , a smell . These are perceptual activities in consciousness / awareness, known in consciousness , labeled in consciousness and modified forms of consciousness . A rock is a modified form of consciousness . The same applies to a mountain or a galaxy or an atom . In fact atoms particles and waves are even more abstract notions for modes of subtle knowing and experience in consciousness .

The same principle applies to that which we call a hand , a brain , a body , a neural correlate . They are modified forms of consciousness . The entire universe and all manifest existence is a modification of formless awareness .

Awareness existence being are synonymous .

Form and formlessness alternate as eternal existence .

This principle applies to all human constructs , including Big Bang , cosmic and biological evolution.

Manifest existence is a notion.

Deepak Chopra MD

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