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**From:** Jeffrey Epstein <jeevacation@gmail.com>  
**Sent:** Friday, August 13, 2010 4:56 PM  
**To:** [REDACTED]  
**Subject:** Re:

melatonin is a supplement, not a drug,, IT is more dangerous, it has n=t undergone testing,

On Fri, Aug 13, 2010 at 12:46 PM, <[REDACTED]> wrote:

For example I took two pills of melatonin last night for better sleep and I woke up 10am this morning so sleepy..... Sooo lazy... Messed up all my day :)

Now on my way to Hamtons!!! Weee! First time this summer!  
Have a good day Jeffrey!

Sent via BlackBerry from T-Mobile</=>

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**From:** Jeffrey Epstein <jeevacation@gmail.com <mailto:jeevacation@mail.com> >  
**Date:** Fri, 13 Aug 2010 07:17:18 -0400  
**To:** </=><[REDACTED]> >  
**Subject:**

You use the internet, cell phone. email, text= wear clothes that contain polyester, shoes that have rubber, shop in stores with electric lights, carry bags made of plastic., travel by air, and subway.. These things are created by science,, . eating an apple as many effects,, most unknown, taking an aspirin has been studied for years. I understand your reluctance, and as i can see I am patient. Just look around= you, most of the things you do are related and have been created by people in laboratories. not farmers.

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