
From: [REDACTED]
Sent: Tuesday, February 1, 2011 3:28 PM
To: Jeffrey

At what time would you like me to come? Can I go work out first?
Sent via BlackBerry from T-Mobile

```
<?xml version="1.0" encoding="UTF-8"?>
<!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd">
<plist version="1.0">
<dict>
  <key>conversation-id</key>
  <integer>176243</integer>
  <key>date-last-viewed</key>
  <integer>0</integer>
  <key>date-received</key>
  <integer>1296574113</integer>
  <key>flags</key>
  <integer>8623750145</integer>
  <key>gmail-label-ids</key>
  <array>
    <integer>6</integer>
    <integer>2</integer>
  </array>
  <key>remote-id</key>
  <string>132027</string>
</dict>
</plist>
```