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**From:** Deepak Chopra [REDACTED]  
**Sent:** Sunday, December 24, 2017 2:16 PM  
**To:** jeffrey E.  
**Subject:** Re: All ok ?

FYI

[https://www.washingtonpost.com/news/inspired-life/wp/2017/12/18/author-deepak-chopra-tells-us-how-to-stay-happy-during-the-holidays-hint-its-not-the-eggnog/?utm\\_term=.ad950d4ea22e](https://www.washingtonpost.com/news/inspired-life/wp/2017/12/18/author-deepak-chopra-tells-us-how-to-stay-happy-during-the-holidays-hint-its-not-the-eggnog/?utm_term=.ad950d4ea22e)

<[https://www.washingtonpost.com/news/inspired-life/wp/2017/12/18/author-deepak-chopra-tells-us-how-to-stay-happy-during-the-holidays-hint-its-not-the-eggnog/?utm\\_term=.ad950d4ea22e](https://www.washingtonpost.com/news/inspired-life/wp/2017/12/18/author-deepak-chopra-tells-us-how-to-stay-happy-during-the-holidays-hint-its-not-the-eggnog/?utm_term=.ad950d4ea22e)>

Author Deepak Chopra tells us how to stay happy during the ... <[https://www.washingtonpost.com/news/inspired-life/wp/2017/12/18/author-deepak-chopra-tells-us-how-to-stay-happy-during-the-holidays-hint-its-not-the-eggnog/?utm\\_term=.ad950d4ea22e](https://www.washingtonpost.com/news/inspired-life/wp/2017/12/18/author-deepak-chopra-tells-us-how-to-stay-happy-during-the-holidays-hint-its-not-the-eggnog/?utm_term=.ad950d4ea22e)>  
[www.washingtonpost.com](http://www.washingtonpost.com)

The winter holidays are here, a time that can be joyful and filled with warm family gatherings. But as we know, it actually turns out to be stressful, sad or lonely ...

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<<http://www.jiyo.com>> <<http://www.jiyo.com>> <<http://www.jiyo.com>> Chopra Center for Wellbeing <<http://www.chopra.com>>

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From: Deepak Chopra

Sent: Sunday, December 24, 2017 7:59:04 AM

To: jeffrey E.

Subject: Re: All ok ?

Watch this --more in line with my views on evolution

[https://www.youtube.com/watch?time\\_continue=1&v=1cQImALw4GE](https://www.youtube.com/watch?time_continue=1&v=1cQImALw4GE)

<[https://www.youtube.com/watch?time\\_continue=1&v=1cQImALw4GE](https://www.youtube.com/watch?time_continue=1&v=1cQImALw4GE)>

What Are Our Bodies? Chris Fields <[https://www.youtube.com/watch?time\\_continue=1&v=1cQImALw4GE](https://www.youtube.com/watch?time_continue=1&v=1cQImALw4GE)>

[www.youtube.com](https://www.youtube.com)

<https://www.scienceandnonduality.com/> Our bodies, like our minds, appear to us to be separate individuals, distinct from the bodies of other people. From an ...

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<<http://www.jiyo.com>> <<http://jiyo.com>> <<http://jiyo.com>> Chopra Center for Wellbeing <<http://www.chopra.com>>

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From: Deepak Chopra

Sent: Sunday, December 24, 2017 7:23:52 AM

To: jeffrey E.

Subject: Re: All ok ?

All theories are conceived in consciousness , all experiments are designed in consciousness , all observations are made in consciousness .

I personally think evolutionary theory is a cop out .

Too many gaps !

The mystery is always in the gap !



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On Dec 24, 2017, at 7:02 AM, jeffrey E. <[jeevacation@gmail.com](mailto:jeevacation@gmail.com) <<mailto:jeevacation@gmail.com>> > wrote:

watched the you tube, with Don. nice , some intersting ideas. but i think he doesnt understand evolutionary theory. AT ALL

On Sat, Dec 23, 2017 at 8:05 PM, Deepak Chopra <[deepak@chopra.com](mailto:deepak@chopra.com)> wrote:

great

Deepak Chopra MD

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Chopra Center for Wellbeing <<http://www.chopra.com>>  
<Outlook-1511909929.png>  
  
discoveringyourcosmicself.com <<http://www.discoveringyourcosmicself.com/>>

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From: jeffrey E. <[jeevacation@gmail.com](mailto:jeevacation@gmail.com) <<mailto:jeevacation@gmail.com>> >  
Sent: Saturday, December 23, 2017 7:23:19 PM  
To: Deepak Chopra  
Subject: Re: All ok ?

yes

On Sat, Dec 23, 2017 at 5:45 PM, Deepak Chopra <[deepak@chopra.com](mailto:deepak@chopra.com)> > wrote:

Thank you  
Shall we invite Leena ?

Deepak Chopra MD

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On Dec 23, 2017, at 5:41 PM, jeffrey E. <[jeevacation@gmail.com](mailto:jeevacation@gmail.com)>  
<<mailto:jeevacation@gmail.com>> > wrote:

looking forward to our MIT trip

On Sat, Dec 23, 2017 at 5:36 PM, Deepak Chopra <[deepak@chopra.com](mailto:deepak@chopra.com)>  
<<mailto:deepak@chopra.com>> > wrote:

I'm in NYC  
Family here until Jan  
I'm in NYC until Jan 31  
Gone in between for 4 days

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<<http://www.discoveringyourcosmicself.com/>>

On Dec 23, 2017, at 3:30 PM, jeffrey E. <[jeevacation@gmail.com](mailto:jeevacation@gmail.com)>  
<<mailto:jeevacation@gmail.com>> > wrote:

where are you?

On Sat, Dec 23, 2017 at 2:58 PM, Deepak Chopra <[deepak@choprafoundation.org](mailto:deepak@choprafoundation.org)>  
<<mailto:deepak@choprafoundation.org>> > wrote:

I'm good  
Thank you  
Bored

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<<http://www.discoveringyourcosmicself.com/>>

On Dec 23, 2017, at 2:56 PM, jeffrey E. <[jeevacation@gmail.com](mailto:jeevacation@gmail.com)> wrote:

Great you?

On Sat, Dec 23, 2017 at 2:19 PM Deepak Chopra <[\[REDACTED\]](mailto:[REDACTED])> wrote:

<[https://maps.google.com/?q=2013%0D+Costa+Del+Mar+Road%0D+\\*Carlsbad,%0D+CA+92009\\*&entry=gmail&source=g](https://maps.google.com/?q=2013%0D+Costa+Del+Mar+Road%0D+*Carlsbad,%0D+CA+92009*&entry=gmail&source=g)>

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