
From: [REDACTED]
Sent: Tuesday, January 29, 2013 5:50 PM
To: Jeffrey Epstein
Subject: Re: My new blog " [REDACTED]"

it's =n its way darlin

On Jan 29, 2013, at 12:43 PM, =effrey Epstein wrote:

where is =y threesome

On Tue, Jan 29, 2013 at =:36 PM, [REDACTED] > wrote:

[REDACTED].

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[REDACTED]

What inspires your =ife?

January

My Dear =riend,

I am writing to you from =aris [REDACTED], =aving brought myself here to quite honestly, spoil myself a little, to =ill my cup with all the sweetness and beauty of this special place that =ever fails to inspire me.

We're constantly in a process of reinvention, especially as =omen, if we are determined to live an awakened life in conscious =ursuit of what we love, each day gives us the opportunity to achieve =reatness.

This week in particular I find myself in the thralls of that =rocess, saying goodbye to the old and welcoming in the =ew.

Spirituality for me means nothing more than setting aside a =ittle quiet time to connect with my inner self, honoring the reflective =spect we each have inside, that which listens to what makes us tick and =ays attention to it. =/font> It's purely undenominational, has zero do to with religion =nd all to do with being grateful.

I'm =eminded of a quote a friend recently posted on Facebook which I =ove: " [REDACTED]

. "

This =erfectly sums up how I feel in this moment. Does it resonate with you =s well? If we shy away from the word spiritual, we might instead =se the word, "resonance."

Resonance for example is the reason I'm writing =o you in this format right now. For the longest time, I have shied away =rom posting my inner most thoughts on the chalkboard of life. It =elt vain, presumptive, like ' who am I ' to spurt out what I think =bout things and assume someone gives a 'S', but I realize =ow that it's part of being in the big conversation of it all. =nbsp;

[REDACTED] with our company postings about =ooks, events and spirituality for kids will still continue, and now, =or six months I'll add something more uniquely personal. It's an =xperiment like all of life, so if you like my musings, please post a =omment and I'll continue to write. It's good to know that someone's =eading!!

Many of =ou out there who will have glanced this over I know are full of =nsight, so please share your wisdom and inspiration and let this become =n extended forum for how we can support each other in consciously =reating the lives that we love.

I'll be sharing with you under my pseudonym = [REDACTED] not because it is =layful and goofy, which I am , but because I wholeheartedly believe in =he power of surrendering the ego-fueled self and reconnecting to our =nner source ' [REDACTED] ' of love, light and =isdom.

Soon I'll be heading back to my tiny [REDACTED] in New York City, back to groceries and laundry and the humdrum of =ow to get ahead and stay gentle and kind in a city that doesn't honor =he sensitive and the subtle.

Beauty and =he Spirit are closely linked, and whether or not the dream is fully =ealized, there are many beautiful elements in my life that, if I live =ith present awareness, will reveal themselves to me. =nbsp;

One in =articular I'm experiencing in this moment is the fabulously, fun loving =nd supportive nature of my girlfriends. I'm filled with such =ratitude every morning to have such amazing women in my life. =nbsp;

There is =eauty in the big and small things that we take for granted and taking =ime to savor our own inner being will help us live with an =ncreased appreciation for the richness and joy that exists in our every =ay.

The surest way to get what we want is to =e grateful for what we have.

Wishing =ou all the positive energy, inspiration and intuition that you need =o manifest whatever it is you want to create with your life in =013!!

And kickstart your life in the direction of your =reams...

=nbsp; <x-msg://2127/>

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