
From: Lesley Groff <[REDACTED]>
Sent: Thursday, February 28, 2013 3:19 PM
To: Epstein Jeffrey
Subject: Rich Barnett

Rich Barnett says he changed the pads that were upside down on the incline bench...he will come up and change the ones on the Cybex machine when he gets in today...
=?xml version="1.0" encoding="UTF-8"?> <!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd">
<plist version="1.0">

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<dict>
    <key>conversation-id</key>
    <integer>247208</integer>
    <key>date-last-viewed</key>
    <integer>0</integer>
    <key>date-received</key>
    <integer>1362064771</integer>
    <key>flags</key>
    <integer>8590195713</integer>
    <key>gmail-label-ids</key>
    <array>
        <integer>6</integer>
        <integer>2</integer>
    </array>
    <key>remote-id</key>
    <string>279262</string>
</dict>
</plist>
```