

---

**From:** jeevacation@gmail.com  
**Sent:** Saturday, August 3, 2013 12:03 PM  
**Subject:** environment , includes communication

environment , includes communication

we are what we consume not what we eat. we consume siga conversation-id 262221 date-last-viewed 0 date-received 1375531350 flags 8623750145 remote-id 329767