
From: Lesley Groff [REDACTED]
Sent: Wednesday, October 23, 2013 10:53 PM
To: Jeffrey Epstein
Subject: Reminder re 9am appt tomorrow

Reminder no caffeine 12 hours prior to your 9am appt tomorrow.

Reminder no food 3 hours prior to you 9am appt tomorrow

Sent from my iPhone

```
<?xml version="1.0" encoding="UTF-8"?>
<!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd">
<plist version="1.0">
<dict>
  <key>conversation-id</key>
  <integer>270279</integer>
  <key>date-last-viewed</key>
  <integer>0</integer>
  <key>date-received</key>
  <integer>1382568813</integer>
  <key>flags</key>
  <integer>8623750145</integer>
  <key>gmail-label-ids</key>
  <array>
    <integer>6</integer>
    <integer>2</integer>
  </array>
  <key>remote-id</key>
  <string>354552</string>
</dict>
</plist>
```