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**From:** Deepak Chopra <[REDACTED]>  
**Sent:** Saturday, November 25, 2017 1:46 PM  
**To:** Jeffrey E.  
**Subject:** Re: Re:

<http://www.sfgate.com/opinion/chopra/article/Does-the-Human-Mind-Need-a-Fresh-Start-12370760.php>

<<http://www.sfgate.com/opinion/chopra/article/Does-the-Human-Mind-Need-a-Fresh-Start-12370760.php>>  
Does the Human Mind Need a Fresh Start? - SFGate <<http://www.sfgate.com/opinion/chopra/article/Does-the-Human-Mind-Need-a-Fresh-Start-12370760.php>>  
[www.sfgate.com](http://www.sfgate.com)  
Most people would agree, even without a degree in psychology, that many if not most problems are created by the mind. It's impossible to be human without the ...

Deepak Chopra MD  
[REDACTED]  
[REDACTED]

Chopra Foundation <<http://www.choprafoundation.org>> <<http://www.choprafoundation.org>> Jiyo  
<<http://www.jiyo.com>> <<http://jiyo.com>> <<http://jiyo.com>> Chopra Center for Wellbeing <<http://www.chopra.com>>

HOME: Where Everyone is Welcome <<http://home-everyone-welcome.com/>>

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From: Deepak Chopra  
Sent: Saturday, November 25, 2017 7:57:34 AM  
To: Jeffrey E.  
Subject: Re:

Let me check and get back to you v soon I have events in NYC and NJ Would love to catch up

Deepak Chopra MD

[REDACTED]  
[REDACTED]  
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On Nov 25, 2017, at 4:35 AM, jeffrey E. <[jeevacation@gmail.com](mailto:jeevacation@gmail.com) <<mailto:jeevacation@gmail.com>>> wrote:

see you in new york wed-fri?

On Sat, Nov 25, 2017 at 7:29 AM, Deepak Chopra <  
<[mailto:\[REDACTED\]](mailto:[REDACTED])>> wrote:

It was extraordinary  
I came to know death  
It has not left me  
I sat later for 10 hours in stillness - presence with no constructs , no stories .

I have no conflict , no quarrels , no judgement , no clinging , no desire to prove , convince , cajole or seduce.

I know that " I " is modifying itself endlessly as experience . The fullness of experience can only be known by letting go of it.

I am in Dan Diego then DC on Monday

NYC on Wed

Then mostly NYC Dec and Jan

Record PBS in Boston Dec 3 and 4

Speak at Harvard Dec 5

Have a new book in me - Meta Human - The next leap in evolution

European tour in April

You should come to my 2 day workshop with your girls in Switzerland in Zurich - small village in suburbs

☀️ • ❤️

Will be fun

Deepak Chopra MD

[REDACTED]

[REDACTED]

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On Nov 25, 2017, at 3:59 AM, jeffrey E. <[jeevacation@gmail.com](mailto:jeevacation@gmail.com) <<mailto:jeevacation@gmail.com>>>  
wrote:

how was the rockefeller experience? where are you next week?

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please note

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