
From: Nowak, Martin <[REDACTED]>
Sent: Sunday, April 13, 2014 2:06 PM
To: Jeffrey Epstein

i think there are tension/stress/unhappiness sensors inside us

for example: energy level, water, food, temperature, pain etc

then those with a social component:

lover, wife, family, friends, ...

some of them triggered by individuals

some of them by groups

also social harmony between others could be monitored

so each individual evaluates the network differently

happiness = lack of inside tension (illusion of harmony)

evolution has equipped us to be unhappy

it wants us to search optimize ... complain

```
<?xml version=.0" encoding=TF-8"?>
<!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd">
<plist version=.0">
<dict>
  <key>conversation-id</key>
  <integer>288054</integer>
  <key>date-last-viewed</key>
  <integer>0</integer>
  <key>date-received</key>
  <integer>1397397944</integer>
  <key>flags</key>
  <integer>8590195713</integer>
  <key>gmail-label-ids</key>
  <array>
    <integer>6</integer>
    <integer>2</integer>
  </array>
  <key>remote-id</key>
```

```
<string>402608</string>
</dict>
</plist>
```