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**From:** [REDACTED]  
**Sent:** Thursday, October 2, 2014 4:37 PM  
**To:** jeffrey E.

I have spoken a lot to my psychiatrist. He is so so so smart , Jewish blue e=es. He said the hardest thing for him to get an answer and the thing I struggle with sometimes most is what I do all day.  
When I really really really had to think under his scrutiny. I realize I spend most of my time making a mess and cleaning it up again. It's crazy. My sister told me the same [REDACTED] when we lived together. A lot of work ahead of me... ;)

```
Sent from my iPhone=?xml version=.0" encoding=TF-8"?> <!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN"
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  <integer>1412267802</integer>
  <key>flags</key>
  <integer>8590195713</integer>
  <key>gmail-label-ids</key>
  <array>
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