
From: jeffrey E. <jeevacation@gmail.com>
Sent: Saturday, November 15, 2014 5:14 PM
To: Faith Kates
Subject: Re: SONIMA

any response to your question marks?

On Sat, Nov 15, 2014 at 1:15 PM, Faith Kates <[REDACTED]> wrote:

This is an amazing site created by even a more amazing person who has dedicated her work and journey to helping others. This platform is life changing. Hope you and yours enjoy it as much as I do...pass it ALISON </=iv> Happy life... Xoxo

<<http://r20.rs6.net/on.jsp?ca=2ac3b5af-5681-4147-b174-09a=37220488&a=1119136285046&d=1119146839666&r=3&o=http://ui.constantcontact.com/images/p1x1.gif&c=9ccf46e0-6b6b-11e4-9686-4ae528ed502&ch=9e227ad0-6b6b-11e4-96d4-d4ae528ed502>>
</=pan>

I'm pleased to announce the launch of a very special project, Sonima.com
<[We believe the incredible website content speaks for itself, but we need your help to spread the word! I encourage you to pledge your support to "live fit and free" by posting the pre-drafted Facebook and Twitter content below on your social media channels to share our mission with your online communities.](http://r20.rs6.net/tn.=sp?f=001sKi1JD-Oe5y1rCVqhMWTUH-EwoL0ykvDpwJBZQa-vo4CE92YelNlCdE68rr5sPwd=47WNhfEnd1lwqgGrZaD4a1kqL3FAxxiLW3v9hcjyQpxowgn4XQ16FAEud-E9rckC_-cVNPOKF9=zqouMVgX-2e-nefMPmDYSrFVLh11G_Y=&c=nsSRllonPKt936zC-CwLeyyE-9pL6EW=NB11akHUtDSb8wHAcUy2Gg==&ch=s_DM5L2QDsdRvepcOGhTS6n3P9KE2q16w4N-=czKG_6kiqkzsT4abQ==> - a multimedia platform that offers free online yoga classes, home workouts that align the mind and body, meditations, thoughtful articles on nutrition tips to achieve mindfulness, and so much more. My long-time friend and business partner, Salima Ruffin, and I have developed Sonima.com to be a tool for others to make health and mindfulness a priority.</p></div><div data-bbox=)

A personal letter is also attached that sheds more light on the intention behind Sonima. Feel free to share this story with others.

Dedicating a few minutes each day to be present, healthier and kinder makes a difference to all. Thank you for your support as we embark on this exciting journey!

Sonia

Facebook: I pledge to live fit and free with [tag] Sonima. Join me in making health and mindfulness a priority with this new multimedia platform! #Sonima <http://bit.ly/1u36g=K> <http://r20.rs6.net/tn.jsp?f=001sKi1JD-Oe5y1rCVqhMWTUH-EwoL0ykvDpwJBZQa-vo4CE92YelNIcdE68rr5sPwdp47WNhfEnd1lwqgGrZaD4a1=qL3FAxxiLW3v9hcjyQpxowgn4XQ16FAEud-E9rckC_-cVNPOKF9KzqouMVgX-2e-nefMPmDYSr=VLh11G_Y=&c=nsSRllonPKt936zC-CwLeyyE-9pL6EWGNB11akHUtdSb8wHAcUy2Gg=3D=&ch=s_DM5L2QDsdRvepcOGHTS6n3P9KE2q16w4N-tczKG_6kiqkzsT4abQ==3D>

Twitter #1: I pledge to live fit & free with @LiveSonima! Join me in making health & mindfulness a priority. #Sonima www.sonima.com <http://r20.rs6.net/tn.jsp?f=001sKi1JD-Oe5y1rCVqhMWTUH-EwoL0ykvDpwJBZQa-vo4CE92YelNIcdE68rr5sPwdp47WNhfEnd1lwqgGrZaD4a1=qL3FAxxiLW3v9hcjyQpxowgn4XQ16FAEud-E9rckC_-cVNPOKF9KzqouMVgX-2e-nefMPmDYSr=VLh11G_Y=&c=nsSRllonPKt936zC-CwLeyyE-9pL6EWGNB11akHUtdSb8wHAcUy2Gg=3D=&ch=s_DM5L2QDsdRvepcOGHTS6n3P9KE2q16w4N-tczKG_6kiqkzsT4abQ==3D>

Twitter #2: Check out @LiveSonima for simple, daily ways to achieve true well-being. #Sonima www.sonima.com <http://r20.rs6.net/tn.jsp?f=001sKi1JD-Oe5y1rCVqhMWTUH-EwoL0ykvDpwJBZQa-vo4CE92YelNIcdE68rr5sPwdp47WNhfEnd1lwqgGrZaD4a1=qL3FAxxiLW3v9hcjyQpxowgn4XQ16FAEud-E9rckC_-cVNPOKF9KzqouMVgX-2e-nefMPmDYSr=VLh11G_Y=&c=3DnsSRllonPKt936zC-CwLeyyE-9pL6EWGNB11akHUtdSb8wHAcUy2Gg=3D=&ch=s_M5L2QDsdRvepcOGHTS6n3P9KE2q16w4N-tczKG_6kiqkzsT4abQ==3D>

<<https://imgssl.constantcontact.com/letters/images/1101116784221/S.gif>> Forward this email
<<http://ui.constantcontact.com/sa/fwtf.jsp?llr=wlar8isab&m=1119136285046∓ea=faithk%40nextmodels.com&a=1119146839666>>

<http://www.constantcontact.com/index.jsp?cc=T=M_BusLet_003>

SONIMA | 851 S. Coast Highway | Suite 100 | Encinitas | CA | 92024

<<https://imgssl.constantcontact.com/letters/images/1101116784221/S.gif>>

--

please note

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of JEE. Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com <<mailto:jeevacation@gmail.com>>, and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved