
From: Faith Kates <[REDACTED]>
Sent: Saturday, November 15, 2014 5:28 PM
To: jeffrey E.
Subject: Re: SONIMA

No I hear he is out of town on vacation I'll reach out again this week=nbsp;

Sent from my iPad

On Nov 15, 2014, at 12:13 PM, "jeffrey E." <jeevacation@gmail.com <mailto:=eevacation@gmail.com>> wrote:

any repsonse to your question marks?

On Sat, Nov 15, 2014 at 1:10 PM, Faith Kates <FaithK@nextm=dels.com <mailto:[REDACTED]>> wrote:

This is an amazing site created by even a more amazing person who has =dedicated her work and journey to helping others. This platform is life cha=ging. Hope you and yours enjoy it as much as I do...pass it ALISON </=iv>

Happy life...

Xoxo

<[I'm pleased to announce the l=unch of a very special project, Sonima.com <\[http://r20.rs6.net/tn.jsp?==001sKi1JD-Oe5y1rCVqhMWTUH-EwoL0ykvDpwJBZQa-vo4CE92YeINlcdE68rr5sPwdp47W=hfEnd1lwqgGrZaD4a1kql3FAxxiLW3v9hcjyQpxowgn4XQ16FAEud-E9rckC_-cVNPOKF9Kzqo=MVgX-2e-nefMPmDYSrFVLh11G_Y=&c=nsSRIlonPKt936zC-CwLeyyE-9pL6EWGNB1=akHUtDSb8wHAcUy2Gg==&ch=s_DM5L2QDsrdvepcOGhTS6n3P9KE2q16w4N-tczK=_6kiqkzsT4abQ==>\]\(http://r20.rs6.net/tn.jsp?==001sKi1JD-Oe5y1rCVqhMWTUH-EwoL0ykvDpwJBZQa-vo4CE92YeINlcdE68rr5sPwdp47W=hfEnd1lwqgGrZaD4a1kql3FAxxiLW3v9hcjyQpxowgn4XQ16FAEud-E9rckC_-cVNPOKF9Kzqo=MVgX-2e-nefMPmDYSrFVLh11G_Y=&c=nsSRIlonPKt936zC-CwLeyyE-9pL6EWGNB1=akHUtDSb8wHAcUy2Gg==&ch=s_DM5L2QDsrdvepcOGhTS6n3P9KE2q16w4N-tczK=_6kiqkzsT4abQ==>\) - a multimedia platform that offers free online yoga classes, home workouts =hat align the mind and body, meditations, thoughtful articles on nutrition= tips to achieve mindfulness, and so much more. My long-time friend =nd business partner, Salima Ruffin, and I have developed Sonima.com to be a tool for others to make health and mindfulness a priority.](http://r20.rs6.net/on.jsp?ca=2ac3b5af-5681-4147-b174-09a=37220488&a=1119136285046&d=1119146839666&r=3&o=htt=://ui.constantcontact.com/images/p1x1.gif&c=9ccf46e0-6b6b-11e4-9686-=4ae528ed502&ch=9e227ad0-6b6b-11e4-96d4-d4ae528ed502></=pan></p></div><div data-bbox=)

We believe the incredible web=ite content speaks for itself, but we need your help to spread the word! I=encourage you to pledge your support to "live fit and free" by p=sting the pre-drafted Facebook and Twitter content below on your social media channels to share our mission with your=online communities.

A personal letter is also att=ched that sheds more light on the intention behind Sonima. Feel free to sh=re this story with others.

Dedicating a few minutes each=day to be present, healthier and kinder makes a difference to all. Thank y=u for your support as we embark on this exciting journey!

Sonia

Facebook: I pledge to li=e fit and free with [tag] Sonima. Join me in making health and mindfulness=a priority with this new multimedia platform! #Sonima <http://bit.ly/1u36g=K> <

Twitter #1: I pledge to =ive fit & free with @LiveSonima! Join me in making health & mindfu=ness a priority. #Sonima [Twitter #2: Check out @L=veSonima for simple, daily ways to achieve true well-being. #Sonima&=bsp;F=ward this email
<http://ui.constantcontact.com/sa/fwtf.jsp?llr=wlar8isab&m=1119136285046&=mp;ea=faithk%40nextmodels.com&a=1119146839666>](http://r20.rs6.net/tn.jsp?f=001sKi1JD-Oe5y1=CVqhMWTUH-EwoL0ykvDpwJBZQa-vo4CE92YelNIcdE68rr5sPwdp47WNhfEnd1lwqgGrZaD4a1=qL3FAxxiLW3v9hcjyQpxowgn4XQ16FAEud-E9rckC_cVNPOKF9KzqouMVgX-2e-nefMPmDYSr=VLh11G_Y=&c=nsSRllonPkt936zC-CwLeyyE-9pL6EWGNB11akHUtDSb8wHAcUy2Gg=3D=&ch=s_DM5L2QDsdRvepcOGhTS6n3P9KE2q16w4N-tczKG_6kiqkzsT4abQ==3D></p></div><div data-bbox=)

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SONIMA | 851 S. Coast Highway | Suite 100 | Encinitas | CA | 92024
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