
From: jeffrey E. <jeevacation@gmail.com>
Sent: Tuesday, December 2, 2014 1:44 PM
To: Kathy Ruemmler

chairs, too easy, excercise, =C2 pool best to start but if not. wall sits , crunches, squats and planks

--

=please note

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of JEE Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com <mailto:jeevacation@gmail.com>, and destroy this communication and all copies thereof, including all attachments. Copyright -all rights reserved

--f46d044283ec74de3805093beada-- conversation-id 308461 date-last-viewed 0 date-received 1417527824 flags 8590195713 remote-id 460453