
From: [REDACTED]
Sent: Thursday, October 25, 2018 2:23 AM
To: J
Subject: Re:

Interesting, I can try.. Mine are definitely hormonal though - dips in estrogen seem to cause it...just after ovulation or during period most of the time.

Sent from my iPhone

On Oct 24, 2018, at 7:47 PM, J <https://www.amazon.com/Tomiya-Stopper-Mouthpiece-Snoring-Solution-sleeping/dp/B00YNNTRKY/ref=sr_1_3_a_it?ie=UTF8&qid=15404247=6&sr=8-3&keywords=snore+guard&dpID=41hk7nmWRPL&preST==SX300_QL70_&dpSrc=srch>

On Wed, Oct 24, 2018 at 7:37 PM [REDACTED] wrote:

No...wh=?

On Oct 24, 2018, at 7:31 PM, J <<mailto:jeevacation@gmail.com>> wrote:

do you sleep with a mouthguard?

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= please note

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