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**From:** Peter Attia [REDACTED]  
**Sent:** Monday, October 1, 2018 12:35 PM  
**To:** jeevacation@gmail.com  
**Subject:** Automatic Reply from Dr. Peter Attia

Thank you for your email. If you are not one of my current patients, please understand that it may take me a few days or more to respond, as I prioritize patient communication and have limited time to check email.  
If this is urgent, please call me.

```
<?xml version=.0" encoding=TF-8"?>
<!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd">
<plist version=.0">
<dict>
  <key>conversation-id</key>
  <integer>326595</integer>
  <key>date-last-viewed</key>
  <integer>0</integer>
  <key>date-received</key>
  <integer>1538397292</integer>
  <key>flags</key>
  <integer>8590195713</integer>
  <key>remote-id</key>
  <string>857827</string>
</dict>
</plist>
```