
From: [REDACTED] >
Sent: Sunday, June 3, 2018 8:41 PM
To: jeffrey E.
Subject: Re: Re:

Of course.

Barbara Carrellas=workshops are a good place to start..

Orgasms with Spirit ♦=93 Barbara Carrellas/Urban Tantra®

<<http://barbaracarrellas.com/orgasmswiths=irit/>>
<=body>

Orgasms with Spirit – Barbara Carrellas/Urban =antra®

</=d>

Also, this guy is respected in the community=- Charles Muir, CEO <https://www.sourcetantra.com/Charles-Muir-p/teacher_cha=lesmuir.htm> . I've taken classes from people he train=d but not him. I'm debating going to his workshop in Santa Cruz next weeke=d:

Beginners Weekend Seminars <<http://www.sourcetantra.com/product=p/beg-weekendseminar.htm>>

<<http://www.sourcetantra=com/product-p/beg-weekendseminar.htm>>

Beginners Weekend Seminars

The oldest and most trusted Tantra Yoga school =n the world, established in 1978 by Charles Muir. We teach week...

=/a>

And I would highly recommend s=und meditation, holotropic breath work or other modalities that may take y=u to an altered state of consciousness (even though they are not exactly t=ntric). My favorite is the sound/breath meditation at Woom Center on Frida= nights. I've had some powerful experiences there.. (that's where I =as going to take Sofia)
<<https://www.woomcenter.com/experie=ces/>> =nbsp;

Yoga Meditation Sou=d Therapy, Kundalini - Woom Center NYC Experiences

Experience Woom Center yoga studio in soun= therapy meditation, kundalini, restorative & sing yoga, Katonah flow.=.

</=iv>

On Saturday, June 2, 2018, 5:43:15 PM EDT, jeffrey =. <jeevacation@gmail.com> wrote:

Is there s tantric teacher for [REDACTED]

=div>

=div>On Sat, Jun 2, 2018 at 4:05 PM [REDACTED] <[REDACTED]> wrote:

Not sure what you mean... can I get a full sentence? =

On Saturday, June 2, 2018, 2:29:40 PM EDT, jeffrey =. <jeevacation@gmail.com
<mailto:jeevacation@gmail.com> > wrote:

On Sat, Jun 2, 2018 at 1:18 PM [REDACTED] <[REDACTED]> <mailto:[REDACTED]> >
wrote:

She cancelled...said she was sick afte= drinking in the Hamptons. Wants to go next week..

=/div>

Sound meditation was very cool.

Sent f=om my iPhone

On Jun 2, =018, at 9:56 AM, jeffrey E. <jeevacation@gmail.com <mailto:jeevacati=n@gmail.com> &=t;
wrote:

Tomorrow 630. How was [REDACTED]

--

<=div>