
From: [REDACTED] <[REDACTED]>
Sent: Sunday, June 11, 2017 1:17 PM
To: Jeffrey

Thought you would like this. El suggested we try Mary=a's exercise routine, after looking at the beach photos - perhaps she =hould try ours instead...

=img src="cid:ii_15c9749458cd6c9e" alt="Inline image 1" width="490" h=ight="327">