
From: Jeanne <[REDACTED]>
Sent: Monday, March 6, 2017 2:39 PM
To: jeevacation@gmail.com
Subject: Back

Jeffery,

The dose was =300 milligrams a day 3 time a day 800 milligrams. He was on it for =about 3 weeks and then he was feeling much better and tapered off to =BD the dose for about 2 weeks. He is down to 2 advil in the morning =nd will stop that soon as he really doesn't have any pain. =AOJust got to watch your stomach.

Steven Reich =/span>is the =octors name. He did say the shot was the next step. But he said the =hot is not a permanent fix. For me he said the shot wouldn't =o anything.

I also bought a Tempur-Pedic Mattress. I think that made a =ifference.

Jeanne