
From: jeffrey E. <jeevacation@gmail.com>
Sent: Tuesday, January 3, 2017 10:13 AM
To: Deepak Chopra
Subject: Re: FYI

has anyone looked at the harmful effects of meditation? as it moves more mainstream, and is subject to drug like analysis, I would have thought that "side effects" long term effects need to be documented, before really recommending. Is it for everyone? does it induce psychosis in some. ? seems to share some traits with mild schizophrenia?

you seem to have grabbed the rope again physics see physics. artists see art. spiritual people see spiritual underpinnings. it is a healthy distribution, caused by mutation and diversity. A population needs to have a wide variety of views. unlike the earth is round. that is a view of a physical thing. left to physics.

=div class="gmail_extra">

On Tue, Jan 3, 2017 at 4:56 AM, Deepak Chopra <[REDACTED]> >
wrote:

Going to yoga class

Always wake up 4 am prepare for meditation yoga then busy day today

Leave for Chicago tomorrow



<<http://www.jiyo.com>>

<=span>

From: jeffrey E. <jeevacation@gmail.com <<mailto:jeevacation@gmail.com>> >
Sent: Tuesday, January 3, 2017 4:47:40 AM

To: Deepak Chopra
Subject: Re: FYI

why are you awake?

On Tue, Jan 3, 2017 at 4:40 AM, Deepak Chopra <[REDACTED]>
> wrote:

In California
C=me recently to NYC for weekend
M=y come again

De=pak Chopra

[REDACTED]

Ne= Book: Radicalbeaut=.com <<http://radicalbeauty.com/>>

<<http://kemberlysnider.com/wp-content/uploads/2016/09/Radical-Beauty-Book-Cover-1.png>>

On Dec 29, 2016, at 11:45 AM, jeffrey E. <jeevacation@gmail.com <<mailto:jeevacation@gmail.com>> >
wrote:

Is she in new york?

On Thu, Dec 29, 2016 at 10:35 AM Deepak Chopra <[REDACTED]>
<[REDACTED]>

She is go=d

<https://w=w.youtube.com/watch?v=GkM9nN2hTDc>

<<https://www.youtube.co=/watch?v=GkM9nN2hTDc>>

You Are The Univ=rse - Deepak Chopra & Kat Foster <<https://www.youtube.com/w=tch?v=GkM9nN2hTDc>>

www.youtube.com <<http://www.youtube.com>>

Deepak Chopra, MD shares his insights on his upcoming book release - You Ar= the Universe, with Actress & Writer Kat Foster (<http://www.imdb.com/name/nm19281>. <<http://www=imdb.com/name/nm19281>> ..=/div>

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Chopra Foundation

Jiyo <<http://jiyo.com>>

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