
From: jeffrey E. <jeevacation@gmail.com>
Sent: Thursday, December 22, 2016 12:43 PM
To: [REDACTED]
Subject: Re:

sorry, try to eat serious sugar and take=every 20 mintues for 2 hours

On Thu, Dec 22, 2016 at 7:07 AM, [REDACTED] > wrote:

=div dir="auto">

Never that low again but results were not consistent=day to day even when food/timing was. I'm not sure how accurate this m=ter is.

I haven't measured lately. My grandfather died a few=days ago

On Dec 21, 2016, at=5:11 AM, jeffrey E. <jeevacation@gmail.com <mailto:jeevacation@gmail.com> , and destroy this communication and a=l copies thereof, including all attachments. copyright -all rights rese=ved