
From: [REDACTED] <[REDACTED]>
Sent: Friday, December 30, 2016 3:34 PM
To: jeevacation@gmail.com
Subject: The Wrong Eating Habits Can Hurt Your Brain, Not Just Your Waistline

The Wrong Eating Habits Can Hurt Your Brain, Not Just Your Waistline

<http://www.npr.org/sections/health-shots/2016/12/30/06433671/the-wrong-eating-habits-can-hurt-your-brain-not-just-your-waistline?sc=17&f=1001> <<http://www.npr.org/sections/health-shots/2016/12/30/50433671/the-wrong-eating-habits-can-hurt-your-brain-not-just-your-waistline?sc=17&f=1001>>