
From: Urban Zen <[REDACTED]> on behalf of Urban Zen
Sent: Friday, June 7, 2013 7:15 PM
To: Jeffrey
Subject: Join us at Yogaworks for an Urban Zen Integrative Therapy Program Information Session

Join Urban Zen and Yogaworks for UZIT training=2E

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This is a perfect opportunity to experience th= Five Modalities of the Urban Zen Integrative Therapy Program and learn h=w they are used during a session. Also learn more about the upcoming Leve= 1 training at Larchmont starting July 13th. More info= <[http://urbanzen.us1.list-](http://urbanzen.us1.list-manage.com/track/click?u=a0a658b344c825ecf28ade459&id=ad52a09a39&e=813203595a)

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