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**From:** [REDACTED] >  
**Sent:** Saturday, March 23, 2013 1:50 AM  
**To:** Jeffrey Epstein

The Xanax was not good. It knocked me out within 20 minutes of taking it. I could not wake up and had the craziest nightmares. Now woke up 3 hours later and I don't feel good. Almost slightly aggressive... And shaky. worse than before I took it.

```
Sent from my iPhone=?xml version=.0" encoding=TF-8"?> <!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN"
"http://www.apple.com/DTDs/PropertyList-1.0.dtd">
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  <key>date-last-viewed</key>
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  <key>flags</key>
  <integer>8590195713</integer>
  <key>gmail-label-ids</key>
  <array>
    <integer>27</integer>
    <integer>7</integer>
  </array>
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  <string>284503</string>
</dict>
</plist>
```