
From: Karina Shuliak <[REDACTED]>
Sent: Wednesday, October 12, 2011 12:20 AM
To: Jeffrey
Subject: Fwd: From Dr Silver. Basic diet/ health info.-- to be "digested" slowly =)

Ok. Btw this is the email I was telling you about ,take a look if you ^L=;d like to

----- Forwarded message -----

From: "C S" <csilverdds@hotmail.com <mailto:csilverdds@hotmail.com> >
Date: Sep 21, 2011 9:29 PM
Subject: From Dr Silver. Basic diet/ health info.-- to be "digested"=slowly =)
To: <kari.sh=lia@gmail.com <mailto:kari.shulia@gmail.com> >

Be well