
From: [REDACTED] >
Sent: Monday, July 21, 2014 11:30 PM
To: jeffrey E.

I agree with everything you say and am lucky to have you point it out to me.=I want to improve and find balance and become a real adult.

I have been in touch with a new psych.

```
Sent from my iPhone=?xml version=.0" encoding=TF-8"?> <!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN"
"http://www.apple.com/DTDs/PropertyList-1.0.dtd">
<plist version=.0">
<dict>
  <key>date-last-viewed</key>
  <integer>0</integer>
  <key>date-received</key>
  <integer>1405985387</integer>
  <key>flags</key>
  <integer>8590195713</integer>
  <key>gmail-label-ids</key>
  <array>
    <integer>7</integer>
    <integer>27</integer>
  </array>
  <key>remote-id</key>
  <string>425662</string>
</dict>
</plist>
```