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**From:** How To Academy <john.gordon=howtoacademy.com@mail182.atl21.rsgsv.net> on behalf of How To Academy <[REDACTED]>  
**Sent:** Tuesday, November 24, 2015 9:56 AM  
**To:** j  
**Subject:** The perfect Christmas present - how to: Gift Vouchers, Walking the Himalayas with explorer Levison Wood, last tickets for 16 Ways To Change the World.

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How to: Autumn Programme</=pan>

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An elegant, embossed card

\* No expiry date

\* For every £50 you spend on how to: Academy vouchers, we will give you one free ticket to an evening or lunchtime event of your choice in 2016.

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01.12.2015<=r> Daytime Event, 9:30am - 5:30pm <<http://howtoacademy.us7.list-manage.com/track/click?u=f87ff9f2b37acaa64ab36114a&id=f261a21d23&e=6c9f2c362>>

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how to: WAYS TO CHANGE THE WORLD <<http://howtoacademy.us7.list-manage.com/track/click?u=f87ff9f2b37acaa64ab36114a&id=f3081cce66&e=76c9f2c362>>

Join us on 1st December for How To Change The World, our unmissable conference at the Royal Institution. Seventeen experts and academics at the cutting-edge of science, technology, medicine and social theory will explain their work and its impact on the future of the world. From cybersecurity to the ethics of genome editing, artificial intelligence to technology at work, these speakers are the world leaders in fields that will have an increasing influence over your life in the next 15 years.

Tickets are almost sold out. To hear all these world experts speak in one place, and to have the opportunity to ask them the questions that matter to you, make sure you book soon, and join us on 1st December at the Royal Institution.

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how to: Walking the Himalayas <<http://howtoacademy.us7.list-manage.com/track/click?u=f87ff9f=b37acaa64ab36114a&id=7e76f6db25&e=76c9f2c362>>  
with Levison Wood

Explorer, bestselling author and presenter of Channel 4's hit documentary series 'Walking the Nile', Levison Wood rarely stays in one place for very long. The how to Academy has managed to pin him down for an extraordinary evening of stories from his most recent expedition, 'Walking the Himalayas'.

Following footpaths worn by local travellers across the 'Roof of the World', Levison met and walked alongside shepherds, porters, soldiers, farmers, mountain men and shamans. Along his journey, he uncovered the hidden tales of the Himalayas, and formed close bonds with the inhabitants of this magnificent mountain range....

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how to: Make a Film in a Weekend <<http://howtoacademy.us7.list-manage.com/track/click?u=f87ff9f=b37acaa64ab36114a&id=f57734dffe&e=76c9f2c362>>  
with Bartek Dziadosz

Impossible? Not if you attend this ingeniously thorough, hands-on training course. At 10am on Saturday you will learn how to switch on the camera, and by 6pm next day you will be in a cinema seat watching your own three-minute short on the big screen.

Due to the popularity of this weekend, we're repeating it for the fourth time...

A weekend course to introduce you to all aspects of film-making, from turning ideas into a script, planning the production process, operating the camera and discovering the joys of editing. You will learn how to weave narratives, make persuasive arguments and compose stunning shots. Practical components form a major part of the course, where you have an opportunity to work with widely used digital still cameras and user-friendly editing software to produce your film. At each stage you will be guided by a tutor, and receive immediate feedback. At the end of the second day your film will be screened in a state of the art cinema, to which you can invite your family and friends.

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with Caroline Webb

Have a good day!

We've all heard the dreaded words. Some of us have even said them. How can we ensure that we will have a good day, that tomorrow will also be a good day, that everyday will be a day in which everything goes our way?

If your New Year's resolution is to maximize your energy, get the best from every conversation, and wake up each morning your smartest, wisest, most creative self, then this is the event for you. Using science-based strategies, Caroline Webb, management consultant and executive coach, will show how easy it is to boost effectiveness, happiness, and productivity both at home and at work.

Make this the first day of the rest of your life!

Read more and book now <<http://howtoacademy.us7.list-manage1.com/track/click?u=f87ff9f2b37acaa64ab36114a&id=75a621e41c&e=76c9f2c362>>  
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how to: Speak in Public <<http://howtoacademy.us7.list-manage1.com/track/click?u=f87ff9f2b37acaa64ab36114a&id=2d094afe1f&e=76c9f2c362>>  
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All of us have to do it – “say a few words” – at one time or another. Most of us are terrified by the thought of it. But don't panic. This three-hour workshop will enable you to make fear of your audience a thing of the past.

Does the prospect of addressing a roomful of people leave you weak with terror? Does your mouth dry up and your stomach turn over at the invitation to speak? Can you imagine a future in which you can stand up and speak to a crowd without feeling like a fool? Make your fear a thing of the past. This practical and interactive session is for people who want to appear confident and in control even when they are feeling the exact opposite....<br> Read more and book now <<http://howtoacademy.us7.list-manage.com/track/click?u=f87ff9f2b37acaa64ab36114a&id=9c1e068777&e=76c9f2c362>>

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with Gavin Presman  
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