

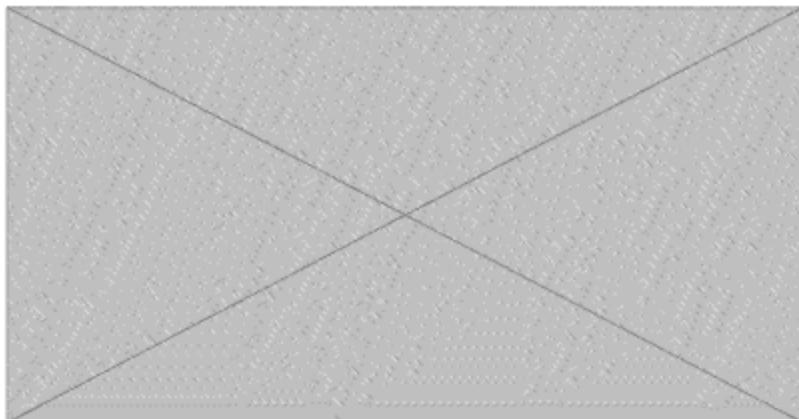
To: jeevacation@gmail.com[jeevacation@gmail.com];
jeevacation@gmail.com[jeevacation@gmail.com]
From: Sal Khan
Sent: Wed 8/20/2014 1:33:22 PM
Subject: You only have to know one thing...

Dear Jeevacation,

Some people believe that intellectual ability is purely genetic or fixed.

This is a myth. Research now shows that your brain is like a muscle; the more you apply it and struggle, the more it grows. People who learn to recognize this fact about their own brain develop a 'growth mindset' and are able to persevere and achieve more.

At Khan Academy we know abilities are not set in stone because we see people improving radically every day. That's why today we're embarking on a mission to help the world realize that if you work hard and embrace struggle, you can learn anything:



www.khanacademy.org/youcanlearnanything

Please share this video with everyone you know. It was designed to inspire, but also change people's mindsets towards learning. Together, as a community, we can end the myth that intellectual abilities are fixed and help our friends and families (and ourselves!) learn new things.

[Watch the video](#)

Imagine what the world would look like if everyone knew what they were capable of and had the mindset to learn anything.

Sal
Founder of Khan Academy



If you'd prefer not to receive these kinds of announcements from us, please [unsubscribe here](#).

P.S. Have you ever heard anyone you know say "I'm no good at math/writing/technology/music/languages"?

If so please share this video with them and tell them, "[you only have to know one thing: you can learn anything.](#)"